



News Story – From Planting, to Growing and Harvesting

Toddlers

The toddlers enjoyed exploring the journey from planting to harvesting as they planted potatoes, peas and carrots and cared for them each day.

They watered the plants and patiently watched them grow. When it was time to harvest, the children used spades to dig into the soil and carefully pulled out the vegetables.



They then washed and explored their homegrown produce, noticing the changes from seed to vegetable. This hands-on experience encouraged discussions about how Allah provides our food, the importance of sharing with others and being grateful for the blessings we have.





Pre-School

The pre-school children explored the complete gardening cycle, from planting potatoes, peas and carrots to harvesting their homegrown vegetables and enjoying the yummy peas at snack time. They carefully dug into the compost, planted the seeds, covered them with soil and took responsibility for watering and monitoring their plants. The children were delighted to see their vegetables grow and were especially excited when it was finally time to harvest. They gently dug up the potatoes and carrots and proudly took their produce home to enjoy with their families. One child excitedly said, "I will make a potato salad!"

Through this hands-on experience, the children developed an understanding of how plants grow and how food reaches our tables. We also linked our learning to Islam, discussing how Allah provides our sustenance and the importance of gratitude and sharing with others.



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