



News Story – National Food Bank Day

Toddlers

For National Food Bank Day, our toddlers took part in meaningful activities focused on food, gratitude and helping others. During registration, we talked about different types of food and reflected on how thankful we are to Allah for the food we have. In the messy area, the children continued their food bank box project, decorating their own boxes with colourful paper, feathers, ribbons, hearts and soft materials. One child proudly admired their finished box and said, “Wow, so nice!”



Later, the children used their boxes for role play, placing food inside and pretending to give it to people who may need extra help. We talked about the importance of giving, sharing and caring for others. When asked who helps to give food to others, the children excitedly responded, “Apa, I love helping!” It was a lovely opportunity to nurture kindness, generosity and gratitude.





Pre-School

The Pre-School children explored the importance of food banks and how communities support families who may be in need by donating food to charities. The children were fascinated by the journey of food from collection to distribution and developed their understanding through a range of hands-on activities.

In the mark-making area, the children created a charity food hamper using donated items, which will be shared with families in need. We also linked our learning to the Sunnah of the Prophet Muhammad (PBUH), discussing how we can practise kindness, generosity and charity in our everyday lives.

Our maths area featured a fun sorting and counting challenge, where the children matched coloured blocks to numbers on paper strawberries and counted carefully to find the correct amount. During circle time, we reflected on gratitude and the many blessings Allah has given us. The children shared what they were thankful for, including their parents, siblings, homes, clothing, toys and food. One child sweetly said, "Thank you Allah."



It was a heartwarming day that encouraged the children to think about kindness, giving and gratitude, while inspiring them to share these values with their families.