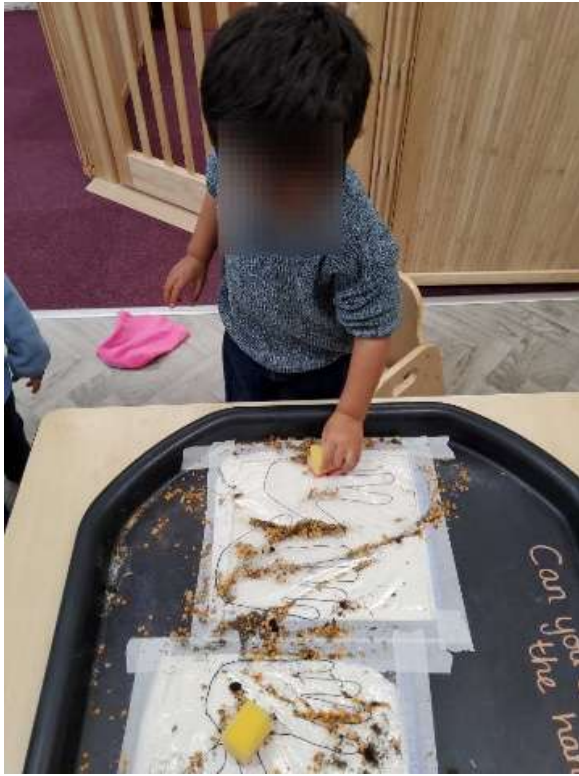




News Story – Global Handwashing Day

Babies



Today in the baby room, we celebrated Global Handwashing Day by providing two engaging, hands-on activities to introduce the babies to the importance of handwashing and personal hygiene.

The first activity involved two sets of hands that appeared dirty, which the babies could clean using sponges. The second activity was set up in the water tray, encouraging the babies to explore water and practise the actions involved in washing their hands.

Throughout the activities, we also sang a handwashing song, which the babies responded to with great interest and enthusiasm.

These experiences supported the babies' physical development through sensory exploration and the use of sponges and water.



The handwashing song encouraged listening skills, engagement, and interaction, while both activities helped to develop the babies' early awareness of personal hygiene and the importance of keeping their hands clean.



Toddlers

To celebrate Global Handwashing Day, the children took part in a fun and meaningful exploration about how germs spread and how we can wash them away. They investigated frozen “ice hands” with blue paint trapped inside, imagining the paint as stubborn germs. As they held the slippery, chilly hands, they talked about how germs can be invisible yet still present. Using paintbrushes and soapy water, they carefully brushed away the blue paint, watching how the “germs” slowly disappeared.



This hands-on experience helped the children understand that washing our hands isn't just a quick splash, it requires careful, purposeful cleaning. As the ice melted, they observed the colours swirling away and made connections to their own handwashing routines, noticing how germs wash off when we use soap properly.



The children also discussed everyday moments when germs might be on their hands, after using the toilet, before eating, after playing outside and why soap and water are important. By the end of the activity, they proudly demonstrated careful handwashing movements and confidently explained that “soap gets the germs off,” showing they understood both the science and the purpose behind the activity.

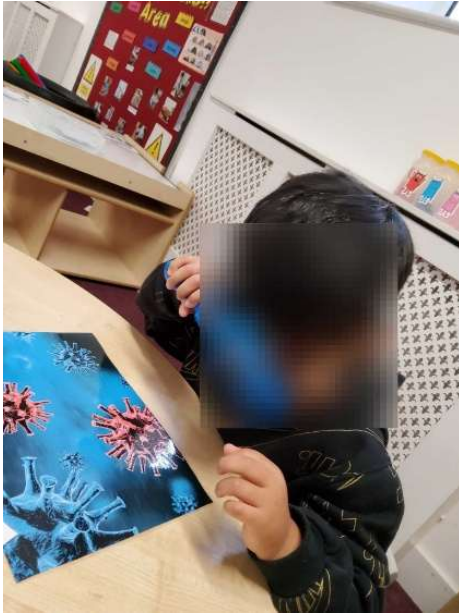
We reminded the children that keeping ourselves clean is an important part of our faith. In the Sunnah, the Prophet Muhammad ﷺ taught us to wash our hands regularly before eating, after waking up, and throughout the day to protect ourselves and others.

This activity helped the children see that handwashing is not only healthy but also a beautiful act of following the Sunnah and practising good manners in Islam.





Pre-School



The children have been learning all about handwashing and how germs spread. On the tuff tray, they used sponges to scrub away the “germs” from the hands, strengthening their fine motor skills as they squeezed, dabbed, and wiped.

At the writing table, the children explored frozen ice hands covered in paint and used small hammers to “break the germs away,” turning the activity into a fun, hands-on investigation.

At the curiosity table, the children looked closely at real images of germs while Apa explained why we wash our hands before eating, after playing outside and after touching animals. Using magnifying glasses, they inspected the pictures and learned that germs are too tiny to see with our eyes, which is why careful handwashing is so important.



We also linked this learning to Islam by reminding the children that keeping ourselves clean is part of our faith. In the Sunnah, the Prophet Muhammad ﷺ taught us to wash our hands regularly and to stay clean as an act of good manners and care for others.

The children learned that washing their hands is not only healthy but also a beautiful way of practising the Sunnah in their everyday routines.