



News Story – International Day of Peace

Babies

This week in the Baby Room, we have been celebrating International Day of Peace by creating a calm, soothing and emotionally supportive environment for our babies. Our activities were centred around peace, mindfulness and gentle sensory exploration, helping the children relax, regulate their emotions and enjoy quiet, comforting moments together.

Throughout the week, the babies explored a peace-themed sensory tuff tray, designed to encourage calmness and relaxation. The tray offered a variety of soft, gentle textures for the babies to feel and explore, supporting their sensory development while helping them wind down, especially before sleep time.



We also enjoyed relaxed reading sessions, where the babies were encouraged to sit on our laps and share stories in a cosy, nurturing space. This created a peaceful atmosphere and supported early communication, bonding and emotional security.

In our book corner, we transformed the space into a mini yoga area by placing soft mats on the floor and introducing the

babies to simple yoga movements. With calming nasheeds playing in the background, the babies explored gentle stretches and movements, helping them develop body awareness, balance and coordination while enjoying a serene environment.

During sleep time, we focused on creating a soothing and peaceful atmosphere by playing the Quran and using sensory lights. This combination helped the babies settle comfortably, promoting relaxation and supporting their emotional regulation.



Outdoors, the babies took part in a calming parachute activity, which they thoroughly enjoyed. We sang nursery rhymes together while gently moving the parachute, encouraging the babies to join in, interact with one another and experience a sense of togetherness in a peaceful, playful way.



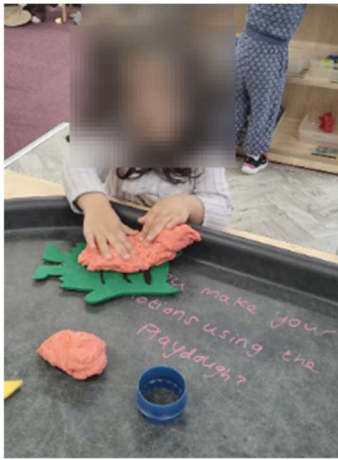
It has been a beautiful week filled with calm moments, gentle exploration and peaceful play. The babies responded wonderfully to the activities and enjoyed every part of our World Peace Day focus.



Toddlers

Today, in celebration of International Day of Peace, the children took part in a variety of meaningful, hands-on activities designed to promote creativity, cooperation, emotional awareness and kindness. Each activity supported the children's understanding of peace while helping them recognise their own feelings and appreciate the feelings of others.

The children enjoyed using play dough, cutters and loose parts to create their own emotion faces. They explored different shapes, colours and textures while strengthening their fine motor skills and using their imagination to design unique expressions. We spoke about being grateful for all the blessings Allah has given us, even when we feel sad, frustrated or excited. To support our younger toddlers, we used Colour Monster puppets and the storybook to help them identify emotions in a simple, visual and relatable way.



Another activity the children enjoyed was our leaf-tweezing challenge. Using tweezers, the children carefully picked up leaves and placed them into bowls. This supported their hand-eye coordination, concentration and fine motor development. The children counted how many leaves they collected, compared quantities with their friends and showed wonderful patience as they used the tweezers with care.



Throughout the day, we talked about the importance of peace, kindness, sharing and caring for others. In Islam, we are encouraged to treat people with respect, compassion and good manners. The children were reminded that being peaceful means using gentle hands, kind words and helping our friends. We also discussed how Allah has created everyone differently and that we should appreciate, respect and celebrate these differences. During the activities, the children practised cooperation, taking turns and sharing resources—reflecting the Islamic values of *Rahmah* (kindness and mercy), respect and working together.



Pre-School

This week, we have been focusing on International Day of Peace. The children created their own love hearts for our “What Makes You Happy?” tree. We asked the children, “What is peace?” and “What makes you happy?” Apa helped the children write their answers onto their love hearts for our Peace Tree.



At the drawing table, the children drew pictures on a polaroid background and talked about their favourite things in the entire world. Some children said, “Mummy and Daddy,” while others said, “Smiley face makes me happy.” The children used felt tips to draw and colour their pictures.



On the tuff tray, we drew different sized love hearts, and the children used tissue paper to fill the hearts. During this activity, the children talked about sharing, taking turns, making friends, being grateful for everything and thanking Allah for all the love.



The children also took part in an “Earth and Peace” activity. We wrote the word “PEACE” in the middle of the paper and used a balloon with green and blue paint to create our own Earths. The children enjoyed watching the colours mix and creating their own Earth pictures. We talked about peace on Earth and how Allah created everything around us, including the land, water, animals, plants and people.

International Peace Day is a special day where the entire world celebrates being kind to each other. In Islam, Allah loves peace! Peace is when we share our toys, use gentle hands and make sure our friends are smiling.

We have been learning about Prophet Nuh this term, and the children have learnt his story about how he helped the animals during the great big flood. Prophet Nuh spent time building the Ark. People were not always kind to him, but he used his Hikmah to stay calm and peaceful instead of getting angry. The Ark was the very first floating peace sanctuary, where animals that usually do not get along in the wild lived side-by-side without fighting.



The children have been showing us their smiley faces all week, drawing smiley faces and talking about emotions. We reminded the children that the Prophet ﷺ taught us that a smile is a gift. At nursery, we teach the children to use kind words, as the Sunnah teaches us to speak gently.