## News Story - Spring & Yoga



This week the children have been focusing on Spring and Yoga. The children have been using cardboard rolls and paint to create marks- to create their very own flowers.

At circle time we have been looking at different yoga poses and taking part in trying them out. This supported the children's physical development, and the relaxing movements supported their wellbeing.

Outdoors we had a picnic to celebrate international 'picnic day' and the children enjoyed some yummy foods.

At the end of the week, the children helped us decorate our nursery ready for our Eid party. The children took part in playing games and enjoying some lovely food.





The pre-school children have also been looking at different shapes in the outdoors area and have created their very own patterns using chalks.